

## Summary of HOW® Enhanced Benefits

Health *through* Oral Wellness® (HOW®) is designed to enhance Delta Dental of Oklahoma members' existing dental plan by providing additional preventive benefits to members at higher risk for caries and/or periodontal disease, based on the results of the HOW® approved assessment in a dental office.

A summary of qualifying scores and corresponding benefits is below. There are three (3) scores associated with HOW® enhanced benefits for our members. If a member receives at least one (1) qualifying score he/she will receive the benefits outlined in the top section. Additional benefits (listed in the lower section) are specific to the assessment scores indicated.

Enhanced benefits are subject to change and to standard policy provisions, including but not limited to, coinsurance percentages, copayments and plan maximums.

ASSESSMENT SCORE	ENHANCED BENEFITS*	CDT CODES	FREQUENCY
<b>Tooth Decay</b> RISK SCORE 4-5  <b>AND/OR</b>  <b>Gum Disease</b> RISK SCORE 4-5  <b>AND/OR</b>  <b>Gum Disease</b> SCORE 37-100	Child or Adult Prophy <b>OR</b> Scaling in the Presence of Gingival Inflammation <b>OR</b> Periodontal Maintenance <hr/> Nutritional Counseling <b>OR</b> Oral Hygiene Instruction	D1120/D1110  D4346  D4910  D1310  D1330	Combination up to four (4) per 12 months <sup>1</sup>       One (1) per 12 months <sup>2</sup>
<i>In addition to the benefits above, patients will also receive the benefit(s) corresponding with the score(s) below.</i>			
<b>Tooth Decay</b> RISK SCORE 4-5	Caries Susceptibility Test <hr/> Fluoride Varnish <b>OR</b> Topical Fluoride <hr/> Sealants	D0425  D1206  D1208  D1351	One (1) per 12 months <hr/> Combination up to four (4) per 12 months <hr/> One (1) per tooth per 36 months <sup>3</sup>
<b>Gum Disease</b> RISK SCORE 4-5  <b>AND/OR</b>  <b>Gum Disease</b> SCORE 37-100	Tobacco Cessation Counseling <i>(in lieu of nutritional counseling or oral hygiene instruction)</i>	D1320	One (1) per 12 months <sup>2</sup>

<sup>1</sup>Combination of prophylaxis, scaling in the presence of gingival inflammation and/or periodontal maintenance not to exceed four (4) in a 12-month period.

<sup>2</sup>Either one (1) nutritional counseling, or one (1) oral hygiene instruction, or one (1) tobacco cessation counseling (if patient has qualifying gum disease score) is covered in a 12-month period.

<sup>3</sup>Sealants are a covered benefit based on caries risk assessment for unrestored primary molars, and for unrestored permanent premolars and molars; one (1) sealant per tooth every 36 months.

\*Enhanced benefits are subject to change.

**Register your practice location(s) for the HOW® Assessment Tool today,  
at [DeltaDentalOK.org/HOWReg](http://DeltaDentalOK.org/HOWReg)**